

Publications

Respect-Focused Therapy: Honoring Clients Through the Therapeutic Relationship and Process, (2017, Routledge). A new approach to psychotherapy that addresses the quality of the client–therapist relationship and therapeutic process.

A World of Respect, (2001). A debut book written for the public about the lack of and need for more genuine respect in society, exploring ways in which we can reverse the current trend.

“**A World of Respect Newsletter**” (2011 – Present). A monthly newsletter for professional colleagues with current articles addressing respect in the therapeutic relationship.

“**Respect in the Workplace**” (2004). Training guide for schools and businesses to use.

“**Respect in the Classroom**” (2003). Training guide for schools and businesses to use.

“**The Coping Corner**” (1989 – 1996). A weekly column addressing various mental health issues i.e. depression, anxiety, addiction, abuse and disrespect. The 1960 Sun, Houston, Texas.

Other Writings

Complete Proposal for a Transitional Living Facility for disabled individuals at Austin Resource Center for Independent Living, 1982.

Detailed Assessment Tool for assessing independent living skills for disabled individuals, 1981.

Sex Education Manual for use at facility for intellectually challenged individuals. Hammer Residences, Minneapolis, MN, 1978.

Presentation Topics

Respect-Focused Therapy; Depression in Women; Social Anxiety; Understanding PTSD; Understanding and Treating Chemical Dependency; Assertiveness Training for Women and Men with Disabilities; Stress Management in the Workplace; Parenting with Respect; Partnering with Respect; Surviving Adolescence; Grieving the Loss of Children; Disability Awareness for Therapists.

Previous Presentations Audiences (Therapists, Continuing Education Units, Staff Development Training)

Seminary of the Southwest; Austin Association of Marriage and Family Therapy; A New Entry; Texas Dept. of Protective Services Annual Conference Austin; Caritas, Austin; North Houston Mental Health Professionals; Laurelwood Psychiatric Hospital; Houston NorthWest Medical Center; Cancer Society Cancer Support group; Survivors of Suicide, Houston Hospice; Parents of Murdered Children; Radio Talk Show: panel discussion on gangs; Houston Unitarian Church; Northwest Presbyterian Church; Austin ISD; Spring ISD; Klien ISD;

Teaching

Respect in the Workplace Seminar at The University of Texas at Austin, 2006 - 2008.

Marriage and Family Therapy Course at Harris County Community College, Houston, TX, 1992.

Supervision

Clinical Supervisor, St. Edwards University, MA Counseling Program, Graduate Practicum, Post Graduate LPC-Interns and LMFT-Associates, 2011 - present.

Group Facilitator

Outpatient: Adolescent girls group; PULSE group for Partners of Sex Addicts; Women in Transition; Women Surviving Abuse; Cancer Support; Grief Support; Parents of Murdered Children; Survivors of Suicide.

Inpatient: Chemical Dependency; Families of CD Patients; Couples; Stress Management; Coping Skills; Anger Management.

Professional Associations

American Association of Marriage and Family Therapy - Clinical; Texas Association of Marriage and Family Therapy - Clinical; American Counseling Association; TCA; North Houston Mental Health Professionals-President (2 yrs.)

Psychotherapist/Counselor (40 YRS.)

Specialties: PTSD, Sexual Abuse, Addictions, Clinical Depression and Anxiety Children and Adolescent Issues, Women's Issues, LGBT and Straight couple Conflict Resolution Family Resolution; Disabilities; Chronic Illness; Grief related Issues.

Professional Licenses

Texas Board of Examiners
Marriage and Family Therapist-Supervisor
License #1013

Texas Board of Examiners
Professional Counselor-Supervisor
License #1175
CEU Provider

Education

Masters of Science Degree in Mental Health, Wright State University – Dayton, Ohio, September 1974 - May 1976

Bachelor of Arts in Psychology (cum laude), Seton Hill College – Greensburg, PA, September 1972 - May 1974

Associates of Arts Degree in Liberal Arts (cum laude), Allegheny Community College – Monroeville, PA, September 1970 - May 1972

Professional Experience

Private Practice, Austin, Texas, August 2002 – Present

Psychotherapist for marriage, family, individual, couple, family and group therapy and Supervisor for graduate practicum students and post graduate interns.

Author, Austin, Texas, May 2000 – August 2002

Dedicated to complete and publish *A World of Respect*

Private Practice, Houston, Texas, January 1985 – May 2000

Psychotherapist working with individuals, families, and conducting group therapy including inpatient, as well as outpatient work; ran an inpatient chemical dependency program for three years.

Staff Counselor, Family Service Center, Houston, Texas, 1984

Conducted Individual, couple, family and group therapy for low-income persons

- Independent Living Coordinator, Austin Resource Center for Independent Living, Austin, Texas, 1980 – 1983
Taught independent living skills to persons with disabilities; developed and implemented a comprehensive independent living skills assessment tool; wrote a proposal for a transitional living facility.
- College Counselor, Jaycee Campus/Warm Springs Hospital, Warm Springs, Texas, 1979 – 1980
Provided academic and personal counseling for students with disabilities.
- Mental Health Coordinator, Headstart, San Marcos, Texas, 1978 – 1979
Developed and implemented a mental health program guide, which included preventative mental health programming, as well as doing intervening assessments, play therapy and staff development.
- Program Counselor, Hammer Residences, Minneapolis, MN, 1977 – 1978
Created and developed the first program counselor position, providing individual, group and play therapy for mentally challenged residents, and co-facilitated a parent support group. Wrote a sex education manual for this population.